

Sharing a book together:

helps create a love of reading
develops language skills
encourages exploration of life experiences,
feelings and ideas
stimulates imagination
builds knowledge and skills

Getting Ready to Learn



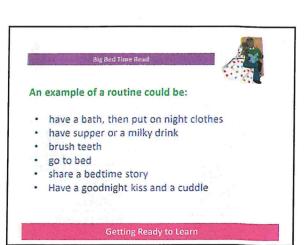
Bedtime Routines

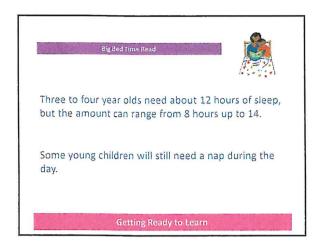
Make sure your child is calm and ready for bed by having regular routines.

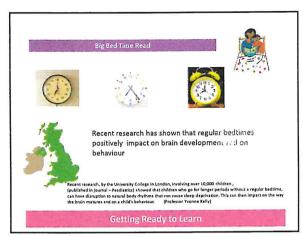
Too much stimulation just before bed can wake your child up again. It can help to spend some time 'winding down' and doing some calmer activities, like reading.

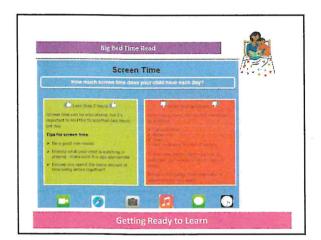
Adapted from Birth to Five Health and Social Care page 89

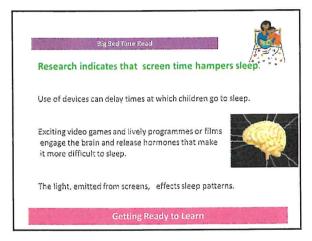
Getting Ready to Learn

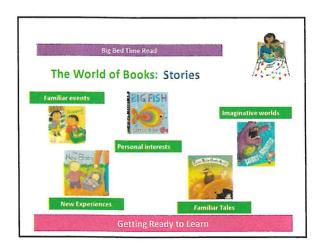


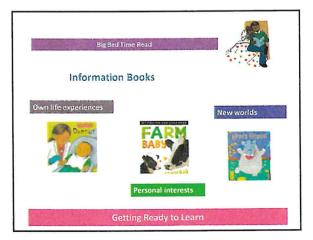














GETTING READY TO LEARN





Integrated Approach: Baseline Questionnaire 2022-23

Please the relevant box to answer each question:

Q1.	How would you rate your understanding of:	Limited	Some	Good
a.	the pre-school curriculum?			
b.	your child's developmental milestones?			And the second s
c.	the importance of physical activity for your child's development?			
d.	the importance of reading with your child?		esperies and	X] - 7 =
Q2.	How would you rate your knowledge of how to help your child in:	Limited	Some	Good
a.	developing their learning at home?			
b.	improving their physical activity?			
c.	building healthy eating habits?		,	
-1-				X.
	How would you rate your confidence in reading	Not Confident	Confident	Very Confident

- Q4. How often per week do you and your child participate in:
 - a. activities in the home to support their development?

with your child?

Never	1-2 times	3-4 times	5-6 times	7 or more times
		Control of the Contro		

b.	reading at	1 1 7
n	reading at	nadtimaz
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c. reading at other times during the week not including bedtime?

Q5. How often do you and your child use the local library service (including their online facilities)?

Never	3-4 times per year	Monthly	Fortnightly	Weekly

Q6. How would you rate your child's bedtime routine?

Q7. How many hours does your child participate in screen-time activities per day? (e.g. TV, iPad, or XBox)

Never	Less than 1	1-2 hours	3-4 hours	More than 4 hours
			280	

Q8. How often per week does your child participate in physical activities? (e.g. walking, running, jumping or playing ball)

Never	1-2 times	3-4 times	5-6 times	7+ times

Q9.	What do you hope to learn from taking part in this programme?	
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Big Bed Time Read



Borrowing Books

Strathfoyle Nursery School Story Bags

Children bring Story Bags home every <u>Monday/Tuesday</u> and return every <u>Friday</u>

Thank you for looking after the books, please check that all books are placed back in bag before returning to SNS. Happy reading!

You can also contact local Strathfoyle Library on 71 860885 for further information. NI Libraries has an online programme, Rub a Dub Hub, specifically for children aged 0-4 and their parents.



Getting Ready to Learn

Dear Parents,

We hope that you have found the information useful. Please speak to a member of staff if you have any questions. The children have enjoyed their Big Bedtime Read experience today. Pictures will be available early next week as we finally launch our new website!

Thank you for supporting your child in their early reading development with our SNS Story Bag resources.

As part of our Getting Ready to Learn programme we would be grateful if you would kindly fill in the short questionnaire and return to SNS on Monday. We receive £500 to support delivery of the themes with you as the year continues.

Check out the Getting Ready to Learn website for helpful parent information and ideas to support your child further. We find it very useful at SNS too!

Kind regards

Ms Fox, Mrs Craig and the SNS team ©

